

## Mentoring Program Codes of Conduct

Our Mentoring Program is designed to foster the professional growth and development of individuals in the field of environmental health. Participants of the program are expected to adhere to the following codes of conduct.

## Mentor Code of Conduct

- 1. Confidentiality: Maintain the confidentiality of all information shared by the mentee.
- 2. Commitment: Dedicate sufficient time and resources to the mentoring relationship, including regular meetings and communications. These meetings should be held in a public or virtual venue.
- 3. Respect: Treat mentees with respect, valuing their perspectives and experiences.
- 4. Professionalism: Uphold high standard of professional behavior, serving as a positive role model.
- 5. Responsiveness: Respond to mentee communications in a timely manner.
- 6. Guidance: Provide constructive feedback and guidance, helping mentees to set and achieve realistic goals.
- 7. Boundaries: Establish and maintain appropriate boundaries in the mentoring relationship.
- 8. Support: Focus on the mentee's professional and personal development without imposing your own agenda.
- 9. Learning: Stay informed about current trends and best practices in environmental health to provide upto-date advice.
- 10. Cultural Competence: Respect and be mindful of cultural, racial, gender, and other differences.
- 11. Responsibility to report: Mentee and Mentor are required to report any conduct that would violate any widely accepted human resources practices.

## Mentee Code of Conduct

- 1. Respect: Show respect for your mentor's time and expertise.
- 2. Proactiveness: Take initiative in scheduling meetings and communicating your needs and goals.
- 3. Openness: Be open and honest about your challenges, aspirations, and feedback.
- 4. Preparedness: Come prepared for meetings with specific questions or topics for discussion.